

## **About Black History Month**

Black History Month is a significant annual observance celebrating the Black community's contributions, achievements, and rich cultural heritage. The month serves as a vital platform for recognising Black people's often-overlooked history and experiences in the United Kingdom.

First celebrated in the UK in 1987, Black History Month is an important time to reflect on the past and to celebrate the contributions of Black communities that have shaped the UK. It provides an opportunity to educate people of all backgrounds about the vital role Black people have played in British history, while also encouraging dialogue about racial equality, social justice, and representation in today's society.

Join the conversation, attend local events, and support initiatives that celebrate Black history and culture this October. Whether through learning, sharing stories, or participating in community events, Black History Month 2024 invites everyone to be part of this important celebration of heritage, resilience, and progress.

## 2024's Black History Months theme is "Reclaiming Narratives".

This year's theme is not just about revisiting history; it's about taking ownership of the stories that define black culture, contributions, identity. It's a call to action for Black communities across the UK to step into the role of storytellers, historians, and custodians of black heritage. For far too long, black histories have been narrated by others, leading to distorted portrayals that fail to capture the full breadth and depth of our experiences.

Visit the websites below to find out more and also about events locally and nationally.

To find out more about please visit the Black History Month website at: <a href="https://www.blackhistorymonth.org.uk/">https://www.blackhistorymonth.org.uk/</a>

For events information around the UK, please visit: <u>https://www.walthamforest.gov.uk/stories/black-history-month-2024</u>

For events in our local area, the London Borough of Waltham Forest, please visit:

https://www.blackhistorymonth.org.uk/article/listings/region/waltham-forest/11731/